

Hello Babies Visit Project

Congratulations on your new baby!

We, Shibuya Health Consultation Offices, are providing "Hello Babies Visit" for all mothers and newborn babies by 4 months old in order to support healthy and happy childrearing.

In "Hello Babies Visit", please ask us any question about childrearing and your concerns.



Staff Members

Professionally qualified nurses.



Required Time About 30 minutes



Content of the Visit

Providing health checkups for mothers and babies, consultation of childrearing, and local information useful for childrearing.



Things to Prepare

- Maternal and Child Health Handbook

※The staff members are entrusted by Shibuya City. When visiting your home, they will show you the ID card issued by Shibuya City.

※The visit charge is free of charge and the staff members will never try to sell a product or service.

The staff members will visit your home on the following schedule.

〔Schedule of home visit〕 _____ , _____ / _____ / _____

〔Expected arrival time〕 ※Please kindly note that the schedule time might be changed a little.

_____ AM • PM _____ : _____ ~ _____ :

〔The name of the staff members〕 _____

Those who meet any of the following conditions, please contact us by using the following email address.

- Those who are not feeling well.
- Those who are inconvenient on the above date.
- If the mother or baby is not at home.
- Those who are moving home or returning to parent's home.

Maternal and Child Health Unit, Shibuya Health Consultation Office

【Email address】 neuvola@shibuya.tokyo

※Please write "Hello Babies Visit" in the subject of your email.